

# SHAMANIC & LABYRINTH WORKSHOP

## ABOUT

**SHAMANISM** is an ancient tradition regarding healing, solving problems and trying to reach our full potential.

It is a path of realising ones authentic truth, healing wounds and living a life of destiny and freedom as we walk the planet earth.

The **LABYRINTH** represents a journey to our own centre and back again out into the world with a broadened understanding of who we are.



## DETAILS

This workshop will be experiential, you will be facilitated and guided by Marian on two shamanic journeys. The first; a journey to meet your power animal and the second journey will be to focus on an issue or problem.

You will also get to walk the purpose built 7 circuit labyrinth in which you can focus on a question or an issue.

## WHERE

Marians therapy rooms, Scenic View Snugboro, Castlebar

## WHEN

- Saturday 14th March 2020
- Saturday 18th April 2020
- Saturday 16th May 2020

## HOW TO BOOK

**€100.00** with a **€20** deposit required  
*Cost inc tea/coffee and vegetarian lunch*  
*CPD points 6, certificates provided*

To find out more about this workshop or to make a booking contact **Marian** directly on **087 269 3025**



**MARIAN STAUNTON**  
Counselling & Psychotherapy